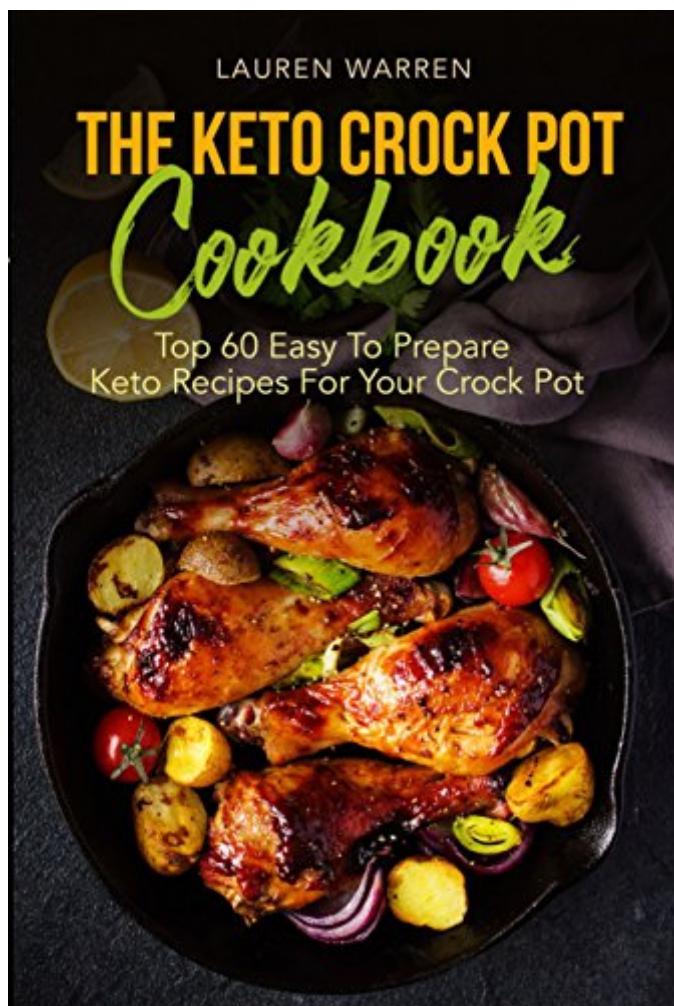


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# The Keto Crock Pot Cookbook: Top 60 Easy To Prepare Keto Recipes For Your Crock Pot



## **Synopsis**

Create Simple, Delicious And Nutritious Keto Crock Pot Recipes to Lose Weight Fast! This book is for fun loving, taste focused people who love to cook and eat yummy Keto diets made using crock pot. You can get better understandings about the keto crock pot cuisine, as well as its health benefits. This book comprises the collection of recipes for every meal of the day and healthy lives.

## **Book Information**

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## **Customer Reviews**

A great cookbook based on the Keto diet, for the most part it is a great read. However, in all of honestly, it's not anything new based on other cookbooks I have read and there isn't anything too special. Besides that though the recipes are easy to follow and quite tasty.

This keto crockpot cookbook is exactly what I need. It has 60 easy to follow recipes. I tried soft and juicy roasted pork. My kids all love it. I think with this cookbook our crockpot will be the most useful appliance in my kitchen. Highly recommended!

it is ceramic slow cook specified cookbook for low-carb diet. Easy to follow recipes, taste good. I just wish the pictures inside book are color instead of black/white. Every recipes has calories and nutrition facts. It uses comma instead of period for decimal. Weird but no big deal.

This is an excellent Keto crockpot cookbook. You can make all types of meals in the crockpot including breakfast, lunch, dinner, and even baking products in the crockpot. It is going to be a big help for my new diet.

This is a relatively simple book with pretty easy to follow instructions. It has calories and nutrition breakdowns for some recipes. For this price, I know I'm expecting a lot. BTW, I noticed this book uses comma instead of period for decimal. Is that french locale? But it's no big deal.

Well, the 60 recipes are truly amazing foods and new it for me. I'm excited to try cooking a Keto food through a crock pot method. I appreciate the simple technique with all these recipes.

This is a good cookbook, my daughter very likes crock pot, we go to this type of restaurant every week, now I can follow this book to cook at home, it has a lot of crock pot recipes.

The crock pot has proven overtime to be an effective kitchen tool and this book so far has done quite well in giving me a detailed information on the usefulness and benefits of crock pot, more so this book has also shown me quite a good number of keto recipes one can try out the crock pot.

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